



1 PREV EVALS  
16 YEARS EXP

Fantastic product, highly recommend.

Ambur Alfaro, RDH  
Wichita, KS



0 PREV EVALS  
20 YEARS EXP

The tackiness on gloves and lips [could be improved].

Amy Rasanow, RDH  
Parma Heights, OH



4 PREV EVALS  
44 YEARS EXP

I loved that it didn't clump when I was using it for full mouth applications.

Cynthia Sanderson, RDH  
Glendale, AZ

Centrix

# FluoroDose Varnish with New Flavors

4.4



With convenient single-dose packaging, FluoroDose 5% sodium fluoride varnish is easy to brush on and comes in 5 flavors.

Hygienist Donna Shewbert was looking for a varnish that was easy to apply, tasted good to the patient, and didn't leave a chunky residue. When she tested the FluoroDose 5% Sodium Fluoride Varnish with Xylitol as part of an evaluation for *Dental Product Shopper*, she found a product that met her expectations.

"Everyone loved the flavor," Shewbert said. "They also didn't feel like this fluoride varnish left a bad after-taste or a thick uneven coating. It blended uniformly in the well and applied easily and evenly."

Armed with the maximum fluoride dosage allowed (22,600 ppm), FluoroDose is a great tool to prevent caries and is also FDA-cleared for treating dentinal sensitivity. Laurie Humphrey, a hygienist and *DPS* evaluator who uses varnish for caries prevention, recalcification, and sensitivity reduction, was pleased with FluoroDose. "This product helped provide a positive dental experience for our patients," she reported.

## Flavor and Scent

FluoroDose is available in 5 flavors: caramel, bubble gum, mint, cherry, and melon. Most of the hygienists who evaluated FluoroDose for *DPS* tried the newest caramel flavor, but a few wanted to try the other flavors. All agreed that the flavors were pleasant, with some describing the flavor as a great taste. One evaluator said patients liked the smell, taste, and consistency.

"This fluoride varnish made my job child's play. It tastes just like candy!" shared hygienist Amber Sanchez. "I loved the caramel flavor. It definitely tasted better than any fluoride I have used before!" Diana Carr, RDHAP, works with developmentally disabled adults and said a large percentage of her patients have taste



aversions. Decent taste options are important in a varnish, Carr noted. "This product seems to have more patient acceptance," she said. "The taste makes it a better experience for the patient, and a happier patient makes me less stressed."

Shewbert, who noted the flavor and scent were the features she liked best, said, "Most of my patients didn't require a rinse or feel the need to spit, which was a huge timesaver. Children under 5 seemed to like the flavor and didn't mind the feeling on their teeth."

## Ease of Use

FluoroDose is packaged in convenient, single dose units (.3 mL each) that are easy to use and clean up, according to Centrix. A user dips the brush in the single-use Lollipop package, mixes it with the applicator, brushes the varnish on the teeth, and throws it all away when finished.

"[I] wanted an easy-to-apply fluoride that would have flavor appeal to kids," said Sanchez. "This leads to

92%

would recommend FluoroDose to colleagues.

stress-free application and a great patient experience. This product makes my job easier."



Amber Sanchez, RDH; Fort Wayne, IN

**"FLUORODOSE IS A RELIABLE PRODUCT WITH AN IRRESISTIBLE CHOICE OF FLAVORS."**

When asked to share 3 ways FluoroDose has impacted her practice, Carr pointed to patient acceptance, ease of use/faster application, and less waste, which results in less money spent. Arizona hygienist Cynthia Sanderson shared, "Most people loved it. It went on smoothly, tasted great, blended with tooth color, and was easily accepted. I used it on everyone that had sensitivity, abfractions, pitted enamel, or other abnormal areas."

## Flowability, Lack of Clumping, and Esthetics

The FluoroDose varnish can be mixed before application with the Benda Brush applicator, which also helps apply a consistent level of fluoride. The material dries in seconds upon contact with saliva and remains on the tooth for 6 to 8 hours for optimum fluoride uptake.

Carr, who said she wants a varnish that looks good and doesn't clump in the packaging or in the mouth, reported that she did not come across any package where the FL2 had solidified, and said it was a plus that the material was not brown. Both Carr and Ambur Alfaro said flowability and lack of clumping were 2 features they liked best

## takeaways

- Easy to apply
- Patients like the flavor
- Reduces sensitivity
- Does not clump

about the FluoroDose, and Carr reported less waste because it doesn't clump.

Donna Bowman, RDHAP, said no patients complained about how the material felt on the tooth. "[There was] virtually no clumping/beading of the material at placement," she said. Cyndi Hanna said the varnish wasn't as gritty as most she has used. Sanderson said it blended with the tooth color.

## Overall Satisfaction

Almost all of the evaluators said they would recommend FluoroDose to colleagues, and most would purchase it in the future. After using the varnish for 4 weeks in her practice, Bowman concluded that patients had reduced pain on scaling with reduction in generalized hypersensitivity

post procedure.

Shewbert, who used FluoroDose on a patient who had continuous sensitivity around a crown, shared, "[The patient] couldn't tolerate the air from the handpiece to adjust her bite. We coated the tooth with this product and she had immediate relief." She continued, "I love this product. I have recommended to our doctors that we use this product regularly in the hygiene department. I have also recommended this product to my colleagues."

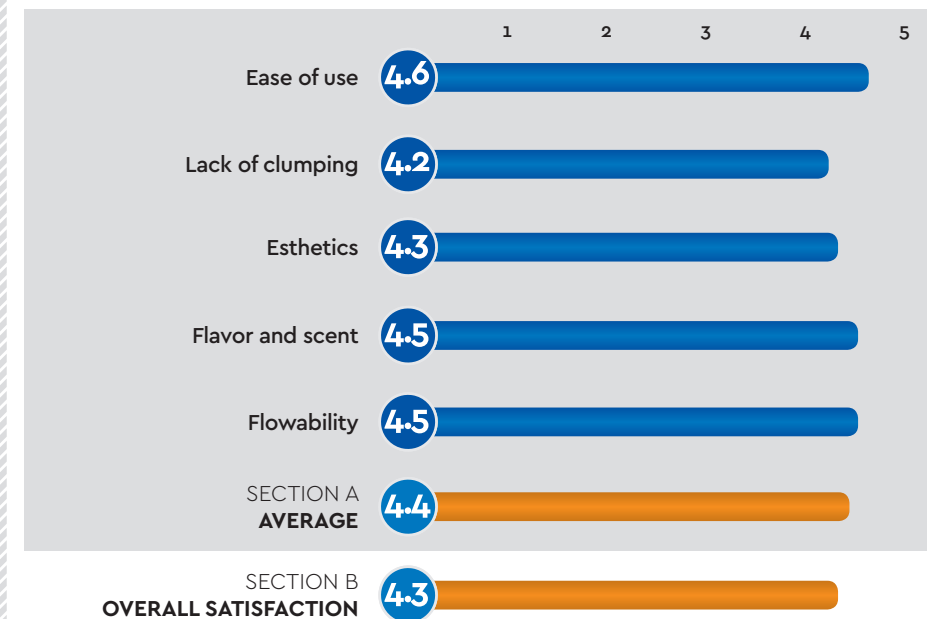


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## PRODUCT EVALUATION SNAPSHOT

CRITERIA BASED ON AVERAGE SCORE (OUT OF 5)



CENTRIX  
FLUORODOSE VARNISH  
WITH NEW FLAVORS

FINAL SCORE  
AVERAGE OF SECTIONS A AND B

4.4

