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Scan the QR code below to sign up for a CE webinar led by Donna Brogan, RDH, BS, and learn how to quickly assess your patients' risk level for caries and determine if fluoride varnish is indicated.



CENTRIX

Flavored Varnish Leaves No Clumps Behind

Part of Centrix's Prevention For Life movement, FluoroDose is an easy-to-apply and pleasant-tasting fluoride varnish for patients of all ages

What's high on the list of patient fears? No matter the age, when it comes to identifying key factors for patient anxiety during dental visits, a good part of the blame rests on the fear of hearing one's doctor say, "You have a cavity." In fact, it's often the reason why patients put off regular checkups and dental exams, which can jeopardize their oral and overall health. Caries are equally problematic for clinicians, as untreated decay can lead to more serious and costly problems down the road. So, when a product exists that's proven to be a safe component of caries prevention, it's a given that it will occupy a sizeable space in many operatory supply cabinets.

Recommended for All Ages

"I recommend fluoride varnish for all ages of patients at my practice," said Marianne Baran, DDS, who practices in Dearborn, MI. "I find FluoroDose to be especially good for patients under the age of 18.

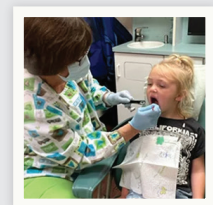


It's also great for patients who have a high risk of caries, as well as those patients who may be experiencing generalized sensitivity."

FluoroDose contains 5% sodium fluoride and is FDA-cleared for treating dentinal sensitivity. The fluoride varnish goes on smooth and is not clumpy or stringy, which can reduce the chance of clogging vacuum lines. It also dries clear, so there is no worry over tooth discoloration.

GIVING BACK TO THOSE MOST IN NEED

Centrix is celebrating over 50 successful years in business, and as a token of its appreciation for the support it has received over the years from customers and dental professionals, the company



supports the Bid For Smiles Charity Auction. Held each year, this virtual event benefits America's Toothfairy, a program that supports oral health programs and resources for children most in need across the country. In addition to being a sponsor of the Bid For Smiles Charity Auction, Centrix also donates FluoroDose fluoride varnish for distribution to low-income families and children.



Marianne Baran, DDS

"The varnish was not too thick and the taste was pleasant for our patients. I really like FluoroDose!"

"The top 3 features we look for in a fluoride varnish are price, flavors, and ease of application," Dr. Baran shared. "I'm always looking for varnish that isn't too sticky and doesn't leave a thick film on the teeth."

Pleasant Tasting, Allergen Friendly

FluoroDose is available in 5 patient-friendly flavors, including caramel, bubble gum, mint, cherry, and melon. In addition to being pleasant-tasting, it is also free of common allergens, including lactose, gluten, tree nuts and tree nut derivatives, dairy, egg, soy, peanut, fish/shellfish, and seed products.

Each FluoroDose unit contains 0.3-mL of product and a Benda Brush applicator packaged in a convenient single-dose LolliTray that's hygienic, ergonomic, and reduces waste. Clinicians just need to peel back the cover and dip the Benda Brush into the mix.

The unique design of the Benda Brush allows for a convenient swipe-on procedure and efficient mixing, ensuring a consistent level of fluoride in every application. FluoroDose eliminates worries of fluoride ingestion, messy gels, and uncomfortable trays. Application is complete in less than a minute and cleanup is fast and easy.

"FluoroDose was easy to open," added Dr. Baran. "It's amazing how hard some varnish packs can be to open." The fluoride varnish dries in seconds after contact with saliva. FluoroDose also remains on teeth for 4 to 6 hours for optimum fluoride uptake. "The varnish was not too thick and the taste was pleasant for our patients," Dr. Baran added. "I really like FluoroDose!"

FAST FACTS ABOUT FLUORODOSE

- **Swipe-on procedure** is easier and safer than gels or rinses
- **Available in 5 flavors:** caramel, bubble gum, mint, cherry, and melon
- **Stays on tooth for 4 to 6 hours** for optimum fluoride uptake
- **Single-dose LolliTray packaging** is hygienic, ergonomic, and reduces waste
- **Dries in seconds** upon contact with saliva

PUTTING THE BRAKES ON CARIES—FOR ALL AGES

It's an all-too common misconception that the risk of caries ends when childhood ends. But it doesn't. Dental caries can actually increase with age due to factors such as gingival recession, decreased salivary function caused by certain medications, and changes in diet. **In fact, nearly one-third of U.S. adults between the ages of 19 and 64 have untreated caries.** The implications of untreated decay and its relationship to overall health go far beyond the teeth, and that's where the Centrix Prevention For Life movement steps in.

Prevention For Life helps clinicians provide strategies for improved oral health for every patient, from the youngest to the oldest. The program uses evidence-based factors to identify risk levels at each stage of life, as well as who will benefit from each level of intervention. It then guides clinicians in designing patient-centered strategies to combat caries risk. The tools and materials help make the discussion about caries risk fast and easy and are based on findings from the American Dental Association Center For Evidence-Based Dentistry.

Prevention For Life has 3 simple steps:

STEP 1: Patients complete a Patient Self-Assessment Form that can identify caries risk. Clinicians also complete Caries Management By Risk Assessment (CAMBRA) forms, an evidence-based approach to preventing and treating caries at all stages of patients' lives.

STEP 2: Clinicians are encouraged to apply FluoroDose varnish to all patients of all ages.

STEP 3: Clinicians may schedule recalls at intervals based on the patient's risk level. For example, a patient at high risk may be treated with FluoroDose every 3-4 months, while a patient with moderate risk may be treated with FluoroDose every 6 months.

Prevention For Life provides clinicians with applicable codes and CAMBRA forms for insurance reimbursement. Other support tools include waiting room and operatory signage, Lunch & Learn opportunities to discuss Prevention For Life and earn 2 CE, and additional online CE courses.

To learn more and join the Prevention For Life movement, visit www.cariesprevention.com

